



Welcome to Fairview

July 2023





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Welcome!

About Fairview & Area

The Peace Country, which includes Fairview & Area is the traditional homeland of many diverse First Nations and Métis people whose ancestors have walked this land since time immemorial. We are grateful to work, live and learn on the traditional territory of Treaty 8.

Other settlers were explorers and fur traders who travelled by way of the Peace River to Fort Dunvegan. For more history of the area check out Historic Dunvegan <https://historicdunvegan.ca>

Peace Country residents pride themselves on being self-reliant and hardy folk. They also have a strong sense of community spirit and will go out of their way to help a neighbor out.

Residents love outdoor activities. From sports to swimming, kayaking, canoeing, horseback riding, boating, biking, skiing, running, walking, golfing, camping, quadding, skidooring, hunting, fishing, gardening, barbecuing or just sitting around a campfire with good friends and family.

The Peace Country produces canola, oats, peas, barley, hay, flaxseed, rye as well as world class honey.

The Peace also boasts many livestock ranches, including beef cattle, dairy cattle, pigs, sheep, lambs and horses. It also accounts for 14% of Canada's bison herd. Other industries include oil & gas and forestry.

Fairview & area residents love music and boast numerous music festivals each year. The most popular music is Folk, Country, Celtic, Bluegrass and Gospel.

Fairview & Area has a vibrant arts community – the Fairview Fine Arts Centre, as well as homemade crafts and natural products, which are featured with homegrown local food and goodies at the Fairview Farmers' Market, held at the Fairview Legion most Wednesdays.

Fairview & Area residents love their local hockey team, The Fairview Flyers. Come out for a game at the Fairplex Arena and cheer them on.

So sit back and enjoy a slower pace of life with fresh air and beautiful natural scenery and wildlife. Pick up a new hobby or activity by joining a community group (pages 4 & 5), and before you know it, Fairview will feel like home.



Heart
of the
Peace



fairviewfcss.com



**Get
Connected!**

WEBSITES

www.fairviewfcss.com

- information & referral for resources in Fairview & area

www.fairview.ca

- Town of Fairview community information

www.fairviewevents.ca

- community events

www.fairviewchamber.com

- business directory

www.mdfairview.com

- MD of Fairview No. 136 community information

SOCIAL MEDIA

Facebook @ Fairview and District FCSS

Facebook @ Town of Fairview

Facebook @ Municipal District of Fairview No 136

FAIRVIEW NEWSLETTER "TALK OF THE TOWN"

When you sign up for utilities in Fairview

POSTER BOARDS AROUND TOWN

Numerous organizations put up their event posters and they are located at the Mall on Main, Canada Post Office, Freson Bros. Fairview, Rexall, Guardian – Becher Pharmacy, and many other locations

COMMUNITY EVENTS

Check out the FCSS FB Page for current events. Monthly Community Day and upcoming events posted regularly.

SPORT & COMMUNITY GROUP CONTACT

Check out the In & Around Fairview publication, included in the Newcomer welcome bags, and at most retail outlets in Fairview, as well as page 5 & 6 of this booklet.



Welcome Home!

fairviewfcss.com



phone numbers

Ambulance /Fire/Police	911
Health Link	811
RCMP Fairview (non emergency)	780.412.5424
Fish and Wildlife	780.835.2737
Poison Centre	1.800.332.1414
Hospital	780.835.6100
Hospital Social Worker	780.835.6112
Homecare	780.835.4951
Long Term Care	780.835.6160 or 6170
Fairview Ladies Auxiliary	780.835.4524
Fairview Medical Clinic	780.835.4255
Rexall	780.835.4383
Guardian– Becher	780.835.4078
Pharmasave	780.835.3485
FYi Doctors	780.835.3555
Golden Age Centre	780.835.4397
Harvest Lodge	780.835.2862
Garrison Manor	780.835.4194
North Peace Housing	780.624.2055
Town of Fairview	780.835.5461
MD of Fairview #136	780.835.4903
Your Doctor	_____
Your Dentist	_____

Child's World Day Care	780.835.2102
Canada Post	780.835.2855
Freson Bros.	780.835.2716
Hello Cab & Delivery	780.834.6787
Crossroads	
24 hr. Crisis Line	780.835.2120/ 1.877.835.2120
Ministerial Association	780.835.3001
AHS Addictions	780.835.4951
Access Mental Health	1.888.594.0211
Suicide Prevention Help Line	1.800.784.2433
Alberta Supports	1.877.644.9992
Alberta Works	780.624.6135
EE Oliver School	780.835.2225
STM School	780.835.2245
Fairview High School	780.835.5421
Fairview Public library	780.835.2613
Fine Arts Centre	780.835.2697
FCSS	780.835.5471
Fairview Registries	780.835.5707
Fairview Regional Aquatic Centre	780.835.2812
NW Polytechnic	780.835.6600



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Community Contacts

Organization

Email

Phone

Awana Kids Club		780.835.5181
David Thompson Bible Camp	director@dtbc.ca	780.494.2103
Dunvegan Fish & Game		780.835.2435
Dunvegan Nordic Ski & Cycle	dunvegan.nordic@gmail.com	780.835.0576
FCSS	fcss@fairview.ca	780.835.5471
Fairview Curling Club	fairviewcurlingclub@gmail.com	780.835.5293/2828
Fairview & District Slow Pitch		780.835.8348
Fairview Flyers		780.835.9218
Fairview Golf Club		780.835.2844
Fairview Gymnastics Club	fairviewgymnastics@hotmail.com	
Fairview Ladies Hockey		780.835.3760/2187
Fairview Minor Ball		780.835.3942
Fairview Minor Hockey	registrar@fairviewminorhockey.com	
Fairview Minor Soccer	fairviewminorsoccerclub@gmail.com	780.772.0719
Fairview Olympians		780.835.2115
Fairview Regional Aquatic	aquatic@fairview.ca	780.835.2812
Fairview Ski Hill		780.835.4725
North Peace Sporting Horse Club		780.835.5151
Ratepayers Hockey League		780.835.1560
Silver Blades Figure Skating	fairviewsilverblades@gmail.com	780.834.7344
Unchaga Lanes & Lounge	Unchagalanes@hotmail.ca	780.835.2695
Whitelaw Curling Club		780.835.4897
Fairview Chamber of Commerce	manager@fairviewchamber.com	780.835.5999
Career Resource Centre		780.835.4005 ex 101
Crossroads Resource Centre		780.835.2120
Fairview Palliative Care		780.835.4951
Family Resource Network	frn@peaceriver.ca	780.624.0770
4-H Clubs Regional		780.835.7536
AHS Volunteer Services		
Fairview & Area Learning Store		780.835.3800
Fairview & District Playschool	fairviewdistrictplayschool@gmail.com	
Fairview Fine Arts Society	finearts@telus.net	780.835.2697
Fairview Public Library	librarian@fairviewlibrary.ab.ca	780.835.2613
Northwestern Polytechnic	nbowes@nwpolytech.ca	780.539.2050
Fairview Agricultural Society	info@fairviewagriculturalsociety.com	
Fairview & District Lions Club		780.835.4808/0759
Fairview Livestock		780.835.2645

Community Contacts

Organization

Email

Phone

Fairview Volunteer Fire Dept.....	firechief@fairview.ca	780.835.4372
Golden Age Society		780.835.6499
Rotary Club		780.835.1273
Royal Canadian Legion #184		780.835.4129
Waterhole Old Timers.....		780.835.4868
St. Helen's Anglican		780.835.7073/9456
St. Paul's United		780.835.2008
Immaculate Heart of Mary		780.494.3770
Bluesky Christian		780.835.2489
Trinity Lutheran		780.835.5107
Faith Fellowship		780.835.3633
Cornerstone Baptist.....	cornerstonefairview@gmail.com	780.835.5656
Lighthouse Fellowship		780.685.3953
Fairview Alliance		780.835.2361
Westside Community		780.835.5355
Worsley Baptist.....		780.685.3953
Seventh Day Adventist.....		780.835.0096
Fairview Gospel Chapel.....		780.835.4198
St. Thomas More Catholic		780.835.2250
Seniors Community Kitchen	seniorscheckin@gmail.com	780.835.8873/3859
Ignite Youth.....		780.835.5455
Stridivarius Studio.....	grannyfiddler@gmail.com.....	780.518.3937
Peace Valley Funeral Home.....	info@peacevalleyfuneral.ca.....	
Stepping Up	info@prsteppingup.ca	780.624.8235
NWPCALC	admin@nwpcalc.com	780.772.9487/9477
Blue Heron Disability Services.....	madonna.woolridge@bhssa.ca	780.834.6506
Crossroads Resource Centre.....		780.835.5550
.....		Helpline 1.877.835.2120
North Peace Housing Foundation		780.835.2862
Fairview Community Centre		780.835.2812
College Town Capers	Mary French	780.835.1393
Peace Valley Funeral Home.....	fairview@peacevalleyfuneral.ca.....	
R Work Group		780.539.1072
Mitelka Folkloric Theatre & Dance	Carol Wookey	780.685.3813/780.834.7680
Fairview Veselka Ukranian Dance.....	fairviewveselkadancers@gmail.com.....	Amber Moskalyk 780.835.1433

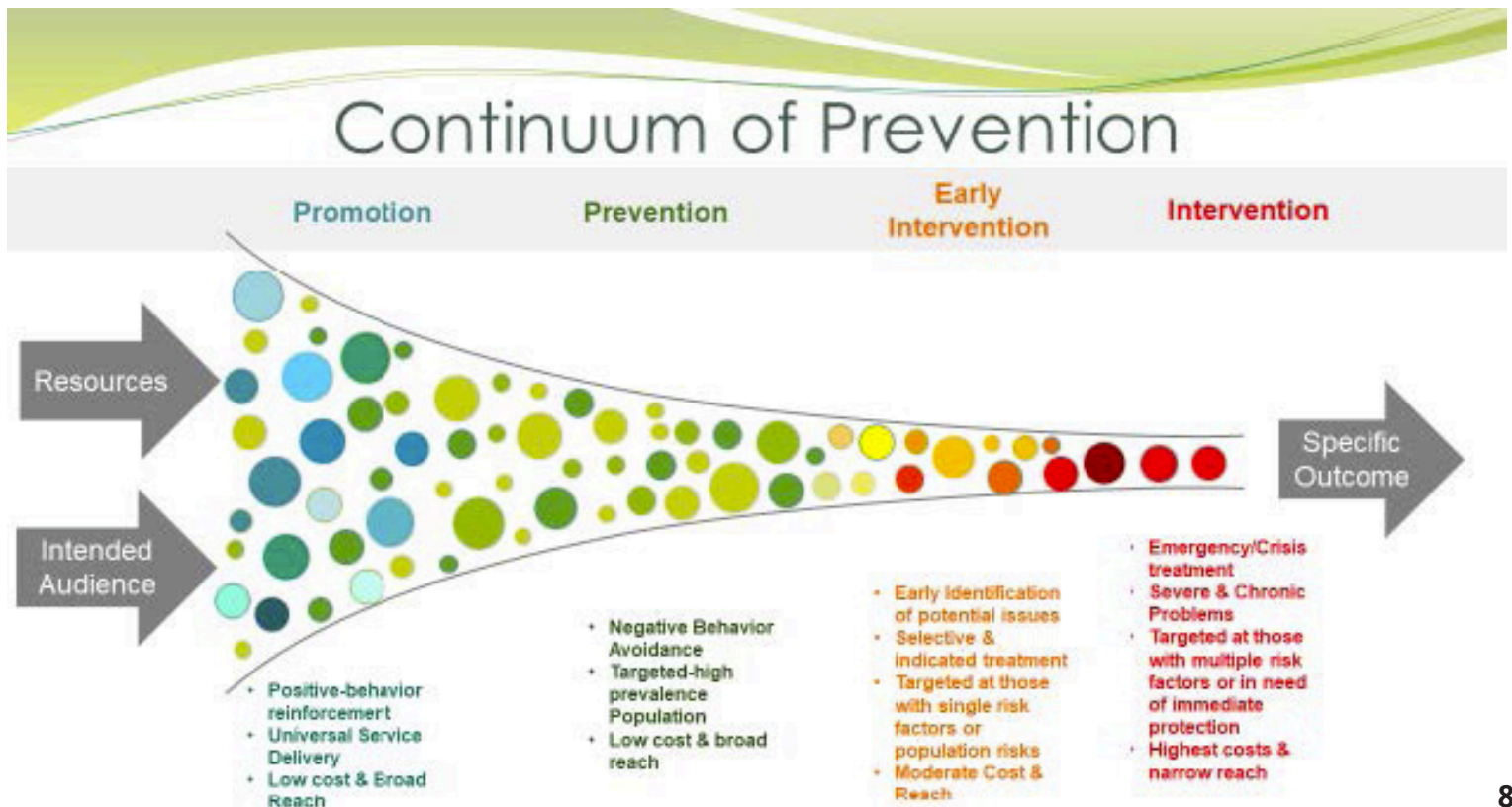


Did you know...

- That FCSS is an innovative, made in Alberta approach to delivering preventive social programs
- Even though it has been around for more than 50 years, you may not have heard much about FCSS. We don't hear about preventing drug and alcohol abuse, preventing crime, preventing isolation, because when prevention works - it's not widely broadcast. Avoiding a crisis isn't news
- FCSS strategically invests in programming that helps to reduce crime, reduce health care dependency, reduce employment barriers for vulnerable Albertans and enhance our economy
- Research has shown that for every \$1 invested in preventive services, \$7 - \$12 dollars in future spending is saved. Long-term spending is reduced for justice, health care, and addiction treatment (Heckman, Moon, Pinto, Savelyev & Yavitz, 2010)

References

Heckman, J.J., Moon, S.H., Pinto, R., Savelyev, P.A., & Yavitz, A. (2010). The Rate of Return to the High/Scope Perry Preschool Program. *Journal of Public Economics*, 94 (1-2), 114-128.



Program Grants Available

Application forms available
by emailing: fcss@fairview.ca

To qualify for support, the proposed project shall:

- Enhance the social well-being of individuals, families and community through prevention

Do one or more of the following:

- Help people to develop independence, strengthen coping skills and become more resistant to crisis
- Help people to develop an awareness of social needs
- Help people to develop interpersonal and group skills
- Help people and communities to assume responsibility for decisions and actions which affect them
- Provide supports that help sustain people as active participants in the community

Programs and Services NOT ELIGIBLE under the program include those that:

- Provide primarily for the recreational needs or leisure time pursuits of individuals
- Are intended to sustain an individual or family, i.e., providing food, clothing or shelter
- Are primarily rehabilitative in nature; or duplicate services that are ordinarily provided by a government or government agency

**Deadline for 2026 applications
is October 31, 2025
LATE APPLICATIONS
WILL NOT BE ACCEPTED**

Successful applicants will have funds released approximately August 2026. Applicants will be required to complete bi-annual reports based on outcome measures while recognizing FCSS in promotions and marketing of the program.

For more information, please contact:



780.835.5471



fcss@fairview.ca



fairviewfcss.com



ABOUT FCSS!

The Family and Community Support Services (FCSS) program promotes and enhances the well-being of Albertans, families and communities. FCSS programs are intended to help individuals adopt healthy lifestyles, improve their quality of life and build capacity to prevent and deal with crisis situations should they arise.

We are a resource referral service! We can help you fill out forms – connect you with resources – make phone calls and help you find answers – fax, print, and email your documents, and all kinds of other office tasks!

FCSS funds & or runs many programs in Fairview including:



- Bonding with Baby
- Community Days
- Community Summer Camps
- Community Volunteer Income Tax Program
- Grant Program
- Micro Grant Program
- Volunteer Driver Program
- FCSS Monthly Events Calendar
- PACE Wellness Courses
- Information Seminars with Service Canada
- Program and Services Fair
- Kids Can Catch Fishing Event
- Volunteer Week
- Seniors Check in Line
- Ignite Youth
- Fine Arts Centre
- Fairview & District Playschool
- Crossroads Resource Centre & Women's Shelter

Lots of exciting things happening!

Follow us on Facebook for all upcoming events!

Office Hours: 8:30-4:30 Monday to Friday

Phone: 780.835.5471 • Fax: 780.835.3576 • Email: fcss@fairview.ca

Provincial Building Rm #126 10209 109 St. Fairview, AB



fairviewfcss.com





Retiring Soon?

Get Government form assistance at the Fairview FCSS Family & Community Resource Centre 780.835.5471.

FEDERAL GOVERNMENT

Apply at least six months before your 65th birthday

- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Canada Pension Plan (CPP)

Contact: Service Canada 1-800-277-9914

www.servicecanada.gc.ca

PROVINCIAL GOVERNMENT

You should receive a Seniors Financial Assistance application package in the mail three months before your 65th birthday. If you do not, call the Alberta Supports **Contact Centre at 1-877-644-9992.**

SENIORS FINANCIAL ASSISTANCE

One application to access the following programs:

- Alberta Seniors Benefit
- Dental Assistance for Seniors
- Optical Assistance for Seniors
- Education Property Tax Assistance for Seniors
- Special Needs Assistance for Seniors

Contact: Alberta Supports Contact Centre

1-877-644-9992 | www.health.alberta.ca

ALBERTA BLUE CROSS COVERAGE FOR SENIORS

(prescription medications)

Provide proof of age. A Proof of Age Declaration form is included in the Seniors Financial Assistance application package.

(Provide a copy of ONE of the following:

Birth Certificate, Passport, Canada Entry Document, Old Age Entitlement Letter, or Baptismal Certificate.)

Contact: Alberta Blue Cross 1-800-661-6995

www.ab.bluecross.ca

You may mail the Proof of Age Declaration to the address on the form, or provide your proof of age to select registry agents across Alberta. For a list of registries or to print a Proof of Age Declaration. Contact: Alberta Health 780-427-1432

Heart
of the
Peace



Seniors' Stuff 'n Such

Community Programs and Services for the 55+ Crowd



RECREATIONAL ACTIVITIES

Golden Age Drop-In Centre (Closed July & August)

- Tues. 1:00pm - Mahjong, and Shuffleboard
3:00pm - Cribbage
- Wed. 1:00pm - Pool, and Cards
- Thurs. 1:00pm - Shuffleboard
3:00pm - Cribbage
- Fri. 1:00pm - Mahjong
- Military Whist 2nd & 4th Sundays of month 7:00pm

Hines Creek Homesteader Lodge

- Bus runs for summer activities and special events
- Church Services are every Tuesday evening with alternating ministers
- Hairdresser approx. every two months
- Happy Hour, Birthday Parties & Entertainment during the week
- All local seniors are WELCOME to join in all of the activities
- Monthly activity calendars are available by contacting 780-494-3500

Hines Creek Drop-in Centre

Weekly scheduled events, and available for booking!

Fairview Harvest Lodge

- Shopping trip up-town for residents Thurs. mornings
- Church services available
- Hairdresser every Thurs. & Fri.
- Summer picnics with other lodges
- Inter-lodge visits during winter
- Variety of weekly activities

Alberta 55Plus

Represents the heart of mature Albertans. It stands for the idea of a fuller, healthier, more vital future; for the straightforward steps that can be taken towards that future. We promote participation and action and have generated a unique spirit of cooperation across the province.

The association believes that sport and recreation development for mature adults is a provincial issue. It has a direct bearing on the quality of life in this province, and it can become a way of life for the individual and the province as a whole. That is the ideal. We're working to make it a reality.

www.members.alberta55plus.ca

The Seniors' Group

Supporting seniors aging in their homes – preventing social isolation – helping seniors stay connected. Monthly programs with Senior's Social Connection and the Fairview and Area Senior's Check-in Line. For more information, see our ad titled:

The Senior's Group

• Seniors' Bowling

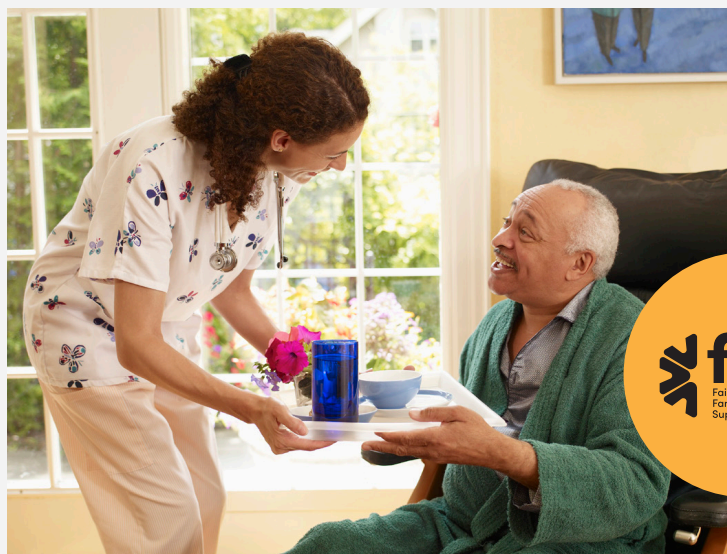
Unchaga Bowling Lanes
Wednesdays 1:00pm

• Seniors' Golf

Excellent courses in Fairview
& Hines Creek

Seniors' Stuff 'n Such

Community Programs and Services for the 55+ Crowd



Alberta Health Services

Several programs are available for seniors at the Fairview Health Complex which include:

- Adult Day Program
- Alberta Aids to Daily Living (AADL) Program
- Home Care
- Long Term Care
- 24-Hour Emergencies
- Acute Care
- Continuing Care
- Continuing Care – Ladies Auxiliary (monthly meetings)
- Laboratory Services
- Meals on Wheels
- Medication Assistance
- Nutrition Counselling
- Outpatient Services
- Palliative Care
- Respite Care
- Walk In Counselling Services (Thurs. 1-3pm)

**Call 780-835-6100
for more information.**

FCSS CVITP (Community Volunteer Income Tax Program)

FREE tax preparation for individuals who have a modest income and a simple tax situation. Runs early March to mid April.

FCSS Assistance with Federal and Provincial Government Forms (information, accessing, completing, faxing, and emailing) including but not limited to:

- Alberta Blue Cross
- Alberta Special Needs Assistance – Dental/Optical
- Canada Disability Benefit
- Canadian Pension Plan / Disability
- Guaranteed Income Supplement
- Old Age Security
- Personal Directives
- Seniors Property Tax Deferral Program
- Seniors Home Adaptation & Repair Program (SHARP)
- Volunteer Driver Program

CONTACTS

Harvest Lodge	780-835-2862
Homesteader Lodge.....	780-494-3500
Golden Age Drop-In Centre	780-835-4361
Hines Creek Drop-In Centre.....	780-835-0729
Fairview Regional	
Aquatic Centre	780-835-2812
Community Health Services.....	780-835-4951
FCSS.....	780-835-5471
Senior's Social Connection.....	780-835-1935

— Self Care Ideas —

Spiritual Self-Care Ideas

- Pray
- Meditate
- Make a list of things to be grateful for
- Sing, listen to music
- Join or go to church
- Read uplifting books
- Read poetry
- Read about extraordinary people
- Watch inspiring movies
- Pay it forward
- Do random acts of kindness for others
- Practice forgiveness for yourself and others
- Start volunteering for a worthy cause

Physical Self-Care Ideas

- Go for a walk, gym, swim, yoga, stretching, biking
- Join an exercise class/sport
- Dance to your favorite music
- Sleep, rest, get a massage
- Have a bubble bath
- Treat yourself to home spa treatments
- Book a hair or spa treatment
- Get a makeover
- Drink water, cook your favorite foods, eat
- Reduce clutter, go through your clothes, if it's not flattering get rid of it
- Clean, organize and beautify your home

Emotional Self-Care Ideas

- Watch a comedy and have a good laugh
- Watch a touching movie and have a good cry
- Have a vent session with a good friend
- Join a new sport or hobby group to meet new people
- Go to a dance/event/concert where you can meet new people
- Get a punching bag and punch it until you are exhausted
- Make a picture of where you want to be in a year
- Surround yourself with loved ones, tell them you love them & why

Mental Self-Care Ideas

- Get into a new book, game, puzzle, craft, artwork, scrapbook
- Start a journal /dream journal
- Write a letter to someone who bothers you and burn it
- Take an art class
- Start a new hobby
- Learn a new language
- Take a continuing education class
- Plan/ go on a trip
- Watch a new movie or show
- Learn how to use the computer/IPAD, I phone,
- Play brain games, play cards/video games